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# Cauliflower Gray Matter

## Ingredients

- 1 large head cauliflower, leaves removed and bottom trimmed
- 1 C prepared Alfredo sauce
- ¼ C prepared marinara sauce

## Procedure

In 3-quart saucepot, bring 2" water and cauliflower to a boil; cook covered 10 minutes. Place cauliflower in center on plate. In separate bowls, heat Alfredo and marinara sauces in microwave until heated through. Pour Alfredo sauce over cauliflower. Pour marinara sauce into resealable plastic bag; snip corner. Drizzle over cauliflower.



Jell-O Shot Heart  
Jell-O Shot

