
Hand Jiggler

Ingredients and Supplies

1 C boiling water - do not add cold water
1 box (4-serving size each) Jell-O
Hand mold

Procedure

Stir boiling water into dry gelatin mix in large bowl at least 3 minutes until completely dissolved. Pour into a hand mold sprayed with cooking spray. Refrigerate 3 hours or until firm. Remove by inverting molds.

